

Dental Hygiene at Paracelsus Clinic

Fundamental for a healthy oral cavity as the entrance to our body, are healthy teeth in a healthy periodontium (bone and gums). Their afflictions – mostly caries, gum bleeding, and bone atrophy – cannot be regarded from an isolated point of view, as they interrelate with the overall organism. They might be both, cause as well as symptom of systemic diseases, and thus constitute a health risk.

Apart from factors such as insufficient oral hygiene, the types of bacteria present and existing dental calculus, or a genetic disposition, people who suffer from a weak immune system, malnutrition (over-acidification), stress, heavy metal contamination, or who are smokers, bear a significantly increased risk of periodontitis and caries, compared to healthy people.

Our Dental Clinic focuses on providing holistic information, instruction, and practice in order to maintain the oral cavity's health in congenial cooperation with our patients. Regular dental hygiene treatments are essential and performed - in accordance with individual requirements – every 3 to 12 months.

Among other therapies, we additionally offer the following:

- comprehensive oral mucosal exam, checking for caries and periodontal diseases
- holistic information and treatment planning
- individual oral hygiene schedule and respective instructions (natural products only)
- nutritional advice
- professional teeth cleaning; removal of all hard and soft dental plaques and stains
- special periodontal disease treatments and ozone therapy
- treatment of sensitive tooth root surfaces

In order to achieve successful treatment, additional therapies, also offered within the scope of our complementary (dental) medicine, include:

- lesion remediation
- heavy metal decontamination and detoxification
- intestinal restoration
- vital substance therapy

Don't hesitate to ask us. We are happy to give advice!

